



# Building Faith @ HOME

[1st Reading: Mal 1:14b-2:2b, 8-10](#)  
[Responsorial Psalm: Ps 131:1, 2, 3](#)  
[Second Reading: 1 Thes 2:7b-9, 13](#)  
[Gospel: Mt 23:1-12](#)

In today's Gospel Jesus speaks about not following the scribes and Pharisees example. The scribes and the Pharisees are good at drawing attention to themselves by outward obedience to the Law. Jesus references two aspects of Jewish spiritual life prescribed by the Law of Moses. *Phylacteries* are small boxes which contain Scripture verses that are placed on the left forearm and forehead. *Tassels* refer to the fringes worn on the corners of a person's garments; the tassels help to remind those who wear them to keep the commandments. By wearing phylactery and tassels the scribes and Pharisees emphasise their strict obedience to the Law but not necessarily their giving of their hearts to God.

Jesus says rather than talking about loving and pleasing God we need to put our words into action. Jesus wants us to live in a genuine heartfelt way without drawing attention to ourselves. God sees and knows what is in a person's heart; he wants our love to be humble and true rather than proud and insincere.

*Adapted from The Liturgy of the Word with Children by Kate Thompson*

**Living as a Disciple:** Practice what you preach, especially as you lead others to Jesus Christ. In any role of leadership, Jesus reminds us to be humble and grateful. Servant leadership requires humility and discipleship requires the authenticity of faith.

**The Missionary Family:** Our actions speak louder than words. What ways can your family reach out to others this week?

## Family Table Talk

**Children:** What are some ways you can serve members of your family? Your friends?

**Youth:** What does it mean to humble yourself?

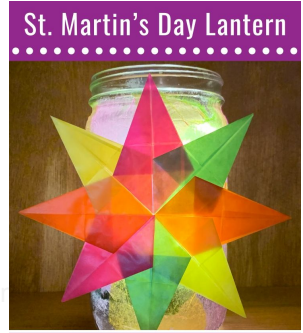
**Adults:** In what ways do you act so that your life can be a message of faith to everyone you meet?

## November 11

### St. Martin of Tours

St. Martin's Day in Europe is often celebrated with lanterns, signifying the light of holiness. Just as St. Martin brought light to those who lived in dark times, so too do the lanterns light up the dark night at the beginning of November. Light up your night with a lantern! Try one of these links to the right for St. Martin Lanterns!

And for more info and ideas visit [buildingfaith.com](http://buildingfaith.com)



[Ourcraftyworld.com](http://Ourcraftyworld.com)  
[Theomaway.com](http://Theomaway.com)

[Thecatholictelegraph.com](http://Thecatholictelegraph.com)

### As a servant leader, you are a servant first.

**A servant leader...** empowers others rather than trying to be powerful.

**A servant leader...** meets the needs of others before himself / herself.

**A servant leader...** doesn't walk above others, he or she walks beside others.

**A servant leader...** creates stars rather than trying to be a star.

**A servant leader...** motivates more than he / she manages.

**A servant leader...** demonstrates humility rather

**A servant leader...** demonstrates loyalty rather than by demanding it.

**A servant leader...** helps others grow rather than pushing others down.

**A servant leader...** uses his / her ministry to build up others instead of using others to build the ministry.

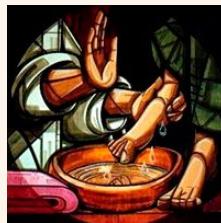
**A servant leader...** persuades people rather than pushing people.

**A servant leader...** practices what he/she preaches

**A servant leader.....** \_\_\_\_\_

**Ask yourself: "Am I a servant leader?"**

## This week's Virtue



Jesus Christ demonstrated servant leadership by washing His disciples' feet, which was typically the job of the lowest servant in a household. Even though Jesus was God in human form, He humbled Himself to serve His disciples. This act of service showed His humility and love for His followers.

## Links for More Ideas, Activities & Resources FYI

Daylight Savings Time begins today.

We 'Fall Back' in time to make the most of the day. What might your family do with this extra hour?

[Explore the Basilica of St. John Lateran - Virtual Tour \(Family Faith Builder\)](#)

[Bustedhalo.com](http://Bustedhalo.com) - 7 Simple Lessons in Humility for Your Everyday Life (*Family Faith Builder*)

[TeachingCatholicKids.com](http://TeachingCatholicKids.com) - Why is there a feast for the Basilica of St. John Lateran? (Nov. 9) (*Kids Faith Builder*)





November 5, 2023

Prayer Time This Week!

# Prayer@HOME

Cut & Pray!



**Scripture Verse of the Week  
From Sunday's Mass  
November 5th, 2023**



The greatest among you must be your servant.  
Whoever exalts himself will be humbled;  
but whoever humbles himself will be exalted.  
Matt 22:12

**A**s for me and my house. We will serve the Lord.

- Joshua 24:15



Download this beautiful prayer card created by Sadlier which includes Grace before Meals with moments of reflection. This is a beautiful way to really reflect on the words we say.

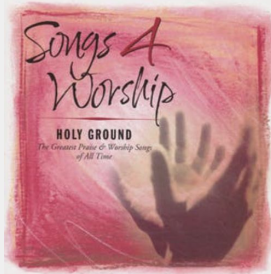


## Praying with Song

They say that singing is praying twice!  
Follow the link to this song and reflect on the words:

Humble Thyself in the sight of the Lord  
Humble Thyself in the sight of the Lord  
And He shall lift you up  
Higher and Higher And He shall lift you up!

[Youtube.com](https://www.youtube.com/watch?v=HumbleThyself) - [Humble Thyself](https://www.youtube.com/watch?v=HumbleThyself)  
Maranatha! Singers



## Building Prayer Time @ Home

This will be a series of family activities to try as your families start or strengthen prayer time.

### Did you know that prayer strengthens relationships?

Prayer means time with God, speaking to Him, and — just as necessary — listening to Him. The more time you spend with God, the more your relationship with Him will grow.

By praying with your family, you are building relationships with them as well. Maybe you're praying with them about something they're worried about or are joining them in praise for good news. Whatever the case may be, you are spending time with them, having shared experiences, and supporting them.

Some kids may be afraid to share their struggles because they don't want to disappoint you. Effective prayer provides an opportunity to open up to each other in an environment of love and support rather than judgment. By doing this, you become more than just an overseer for your child — you're their advocate. And that can make a world of difference.

